

Spotlight

People without mobility issues often do not fully appreciate the challenges that wheelchair users face daily. Many wheelchair users may have faced the difficulties of physical discomfort as well as participating in social and recreational activities, reaching higher surfaces, moving furniture around, traveling, going to other people's houses, doorways being too narrow, public transit not being reliable or accessible, etc.

We understand. Women's World On Wheels is committed to providing resources, respecting unique backgrounds, and bringing those with mobility challenges and disabilities together in an all-inclusive environment.

If you are a wheelchair user, you know these challenges and struggles all too well. If you have a loved one who uses a wheelchair, you are aware of potential hazards and hardships. If you have encountered a wheelchair user at work, or outings, hopefully you have put yourself in their seat and been understanding of their situation.

Women's World On Wheels hopes you share your experiences with us. Here are some potential prompts to get you started writing:

- Reflect on your unique background and write about how your life experience is different from others. How do you approach this difference?
- The lessons we take from obstacles we encounter can be fundamental to later success. Recount a time when you faced a challenge. How did it affect you, and what did you learn from the experience?
- Discuss an accomplishment, event, or realization that sparked a period of personal growth and a new understanding of yourself or others.